

FOCUSON...



Issue 224
8 May 2026

Celebrating our school and community

...You've Got This!



As our Year 11 and Year 13 students enter the start of the external examinations season, we want them to know that everyone at FHS is behind them and wishing them the best of luck.

Students have prepared well for their examinations, embracing all the additional intervention and support sessions made available to them. Over the next few weeks of examinations, we hope that this will have given them the boost and confidence to do their very best with each paper they sit.

Equally important is to remember to look after yourselves – sleep well, eat well, stay hydrated and remember to get some fresh air and exercise in your daily routines. Believe in yourselves as much as we do – good luck to everyone sitting their examinations over the next few weeks – you've got this!

...A Celebration of Song for Clatterbridge

As reported in our last issue, 25 April saw [the official YouTube release](#) of the charity recording of 'River' – an emotional and uplifting song written by British songwriter Julia Fordham and performed by a collaborative choir brought together by FHS Music Department. Our very own Voiceworks and G:Force Gospel Choirs, the Sefton Voice Collective and The Liverpool Show Choir recorded an emotional and uplifting performance of the song to raise funds for the [Clatterbridge Cancer Charity](#).



On the very same evening, FHS Music Department spearheaded a glittering gala concert, bringing four of the region's finest contemporary choirs with our very own ensembles to raise more funds for the amazing Clatterbridge Cancer Charity. The concert raised the bar even higher, featuring brand-new choral collaborations and several special guest appearances. The audience was captivated by the soulful voices of sisters Dominique and Marietta Daly, as well as Formby High School alumnus Elliott Evans, recently seen performing on Channel 4's *Your Song*.

One of the most moving moments of the evening was the world premiere of the new charity recording of *River*, bringing together all four choirs and guest voices from across the Clatterbridge community for an emotional and unforgettable live performance. The concert concluded with a breathtaking finale of *This Is Me*, delivering a powerful message of strength, resilience and solidarity for everyone supported by the Clatterbridge Cancer Charity. Helen McLoughlin, Corporate Fundraising Manager for the charity, addressed the audience, praising the "insane talent" on display and thanking everyone involved for making the evening such a remarkable success. The concert raised over £3,000.



...Pride of Sefton



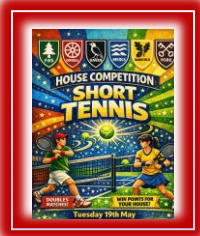
A massive congratulations to Erin (Year 11) who has been awarded Young Sports-person of the Year at the Pride of Sefton Awards. Nominated by her coach, Lisa, for everything she has poured into her sport. In last 12 months alone, she has travelled, competed, and pushed herself harder than ever, bringing home medals from both the Croatian and Bulgarian Poomsae Championships, and becoming U17 National Champion along the way. But what makes this award even more special is that it isn't just about results. It's about who she is. Erin has always shown real respect for her competitors — she lifts others up, she celebrates their successes, and she never feels the need to put anyone down to shine herself. She competes with integrity, kindness, and confidence in her own ability, and that

says more about her character than any medal ever could. And then there's the time she gives back to her club. Week after week, she coaches and encourages the younger students, showing them patience, leadership, and the same love for the sport that drives her forward. The Pride of Sefton Awards evening celebrated all of this — the athlete she is, the role model she's becoming, and the person she chooses to be every day.

...Thanks Theo!

Regular readers of our newsletter will be aware of Theo (Year 8) who is one of the most energetic fundraisers we know! Since an early age, to give back to the hospitals that had given him such good care, Theo has given so much of his time and energy to charitable activities... he simply doesn't slow down! A role model to us all, Theo just does not stop in his pursuit of supporting others – he is a credit to himself, his proud family and his school community. His latest fundraiser involved working with local businesses to donate fantastic gifts for hampers and giveaways for a special raffle to raise funds for our Drama Department! He also did an Easter Bonus Ball fundraiser. His efforts raised a fantastic £358.98 – amazing stuff, Theo... THANK YOU!

...Sporting Matters



The next House Competition will take place on Tuesday 19 May at 12.30pm. Students are invited to take part in a short tennis competition where they can win points and prizes for their respective houses. Time to start practising your court skills so you can support your House and top up the points balance! Good luck! In other sporting matters, congratulations to Max and Alan (Year 9) who have won the plate in the Rugby Lancaster finals! Our very own 'Mr T' continues his Hyrox success with becoming overall winner (of

2729 finishers) at the Cardiff Men's Open with a time of 56:21... this is his final run out before the Sweden World Champs!

...Attendance Matters

External exams are now underway, and strong attendance is vital to success. Students in Years 10, 11 and 12 must attend all scheduled sessions in school during the exam period. Year 13 students commence study leave from Monday 11th May. Year 11 are now following their examination study session timetable, which runs right up to May half term, providing essential revision and support. Study Leave for them will begin after May half term, and any absences before then will be unauthorised – we welcome your support with this. We of course wish all of our students the best of luck in their exams.

For information, if your child is unwell on the day of an exam, please contact school as early as possible so we can offer support and reassurance. Thank you for your continued support during this crucial time.



On the Horizon...

- ★ Y9 DoE Bronze Training – 12 May
- ★ Y12 Finding Your Futures (students) – 20 May
- ★ Y12/13 Drama Theatre Trip – 13 May
- ★ Y12 Finding Your Futures (parents) – 21 May
- ★ Y10 RH Trip – 14 May
- ★ MTC Musical Theatre Event Birmingham – 24 May