

# FOCUSON...



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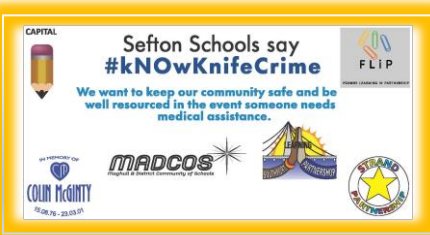
## Celebrating our school and community

### ...Marathon Achievements

On Wednesday 17 April, schools from across Sefton supported the #kNOwKnifeCrime campaign in the form of a mini marathon relay involving primary and secondary pupils from right across the borough.

84 Sefton schools teamed up with the #kNOwKnifeCrime campaign and London Marathon 2024 to raise awareness and support

fundraising for bleed control kits and cabinets to be placed outside schools in Sefton. Laura Hughes, part of the #kNOwKnifeCrime campaign, sadly lost her brother, Colin McGinty, to knife crime in 2001 and has worked tirelessly on this campaign ever since. Laura has visited FHS on a number of occasions to help to educate our students on the wider impact of knife crime and talk about the KnifeSavers bleed control kits. These bleed control kits can help provide support for the bleeding caused by knife injuries to make the difference for a victim to survive an attack. The kits were developed by the Major Trauma Centre at Aintree University Hospital. Students



participating in the relay will pass the 'bleed control kit baton' from one school to another in an event spanning right across the Sefton borough. [The fundraising target](#) was set at £10k and we are delighted to see that this has been surpassed, as we go to press it's at £12.4k! Well done to everyone who got involved and supported this fantastic cause.

Another marathon achievement we would also like highlight was by our very own Mrs Marl (Teacher of English) who completed the London Marathon last weekend... a huge congratulations from all of us! Mrs Marl would like to thank all the staff and students at Formby High School for their support and donations to her chosen charity, Dementia UK. A total of £1789 was raised!



### ...Everybody's Talking about Jamie...and FHS students!

Earlier this week, Mrs Whitehead accompanied a group of Dance students to the Liverpool Empire to see a performance of the fabulous 'Everybody's Talking About Jamie' production to support their Dance studies. Students thoroughly enjoyed the inspirational performance. What is really lovely to report is that we received two separate communications, one from a member of the audience and another from someone travelling on the same train as our students, to compliment them on their behaviour. Both messages had a common theme, recognising the students' exemplary behaviour, kindness and consideration, and what great ambassadors they are. We agree... well done!



## ...Scuba Diving

Last Wednesday, a group of students and staff enjoyed an amazing diving experience with BSAC (British Sub-Aqua Club) Southport at Dunes Splash World. The group enjoyed learning how to snorkel which included competing to collect items from the bottom of the pool. Although the snorkelling was fun, the most exciting part of the experience was getting to try the scuba diving equipment. The experienced instructors guided the group every step of the way and everyone quickly took to breathing underwater like fish to water! The group commented on how amazing and unusual it felt to experience the sensation of moving freely underwater. The instructors thought everyone listened to the instructions and took to scuba diving really quickly. Mrs Bevan said "The students were a credit to the school, and it was fantastic seeing them enjoy such an unusual experience. I am so proud of them all". Thank you to everyone at BSAC for an amazing experience.



## ...Golf



Congratulations to Charlotte (Y12) and Ellie-Rose (Y9) for representing the school in the Sefton Girls' Golf Competition earlier this week. Charlotte came runner up in the 18 hole competition; she also won nearest to the pin and had a 2 in a par 3. Ellie-Rose also did extremely well in the competition and Mrs O'Sullivan is very proud and thankful for their participation. We would like to wish Lewis (Y9) good luck in his upcoming Lancashire Schools' Boys competition.

## ...Maths Marvels

Two of our students have been invited to Liverpool University to receive awards, after submitting entries to the Liverpool Mathematical Society Challenges. Eric (Y9) received the 'Best in School' award, while Amy (Y8) was awarded second place out of 1300 entries across the region. Congratulations to both of them; we hope you have a great evening of mathematical delights at your respective prizegiving ceremonies. Eric was invited to take the UKMT Grey Kangaroo challenge after achieving a Gold certificate in the Intermediate Maths Challenge. The results are in and Eric was awarded a merit certificate! Well done, Eric, we are very proud of your achievement. Here is one of the questions that he had to tackle in the challenge:



Paula the penguin goes fishing every day and always brings back twelve fish for her two chicks. Each day, she gives the first chick she sees seven fish and gives the second chick five fish, which they eat. In the last few days one chick has eaten 44 fish. How many has the other chick eaten?

A 34

B 40

C 46

D 52

E 64

If you are after any more mathematical challenges, check out our Mathematics Enrichment padlet: [Mathematics Department Enrichment \(padlet.com\)](https://www.padlet.com)

## ...Kevin Williams Penalty Shoot-Out

As we do every year around the anniversary of the Hillsborough disaster, the school held a Year 11 v Staff penalty shoot-out in memory of Kevin who sadly died on that tragic day in 1989. Kevin was himself a proud member of the Year 11 football team and this annual event is a way for our school community to ensure he is always remembered by his school family. This year, the staff team were victorious with a 9-8 victory (not to mention the winning spot kick being taken by the Headteacher!). Members of Kevin's family



attended the event and presented the winners with the trophy.

## ...Girl Power

Last week we had 15 female students involved in the three day LFC Changemakers programme, which is funded and sponsored by the Premier League. This programme is designed to promote female empowerment, gender equality, mental health management as well as encouraging the students to get involved with sports and physical exercise. From topics like enterprise and employability to body positivity, many topics were discussed and shared. Five guest speakers came to visit the students and share their stories, including two judges, a pilates instructor and a professional artist. Mr Quayle, who coordinates the LFC Foundation activities at FHS, said that he was told the group were polite and inquisitive, especially with the judges! On the final day, the girls went on a day out (that Mr Quayle was quite envious about!) to the Royal Albert Dock to hear about the pizza business and Rudy's (with some free pizza included), followed by a visit to VR-Here, a facility in Liverpool that gives people access to some of the most high tech VR experiences available. All in all, the LFC staff said the girls completed the course with the utmost maturity and effort. Well done to all involved!



## ...DofE Gold



Ten of our Y12 students have embarked upon their Duke of Edinburgh's Award Gold Practice Expedition this weekend. Students will be enjoying the dales of Yorkshire between Thursday and Sunday. Good luck Katherine, Lola, Olivia, Sophie, Zoe, James, Anneli, Jonathan, Sophia and Tom.

Over Easter Tom, Jonathan and James completed their residential requirements through the National Citizen Service (NCS). Tom Williams (pictured with Mr. Williams) had this to say: "Jonny, James and I completed our five-day residential with NCS. It was a great experience and there were loads of activities to do, new things to learn and extremely rewarding work with younger children. The activities included zipwires,

high ropes, first aid, and search and rescue drills. I would highly recommend NCS for gold residential. It also looks great on your CV."

## ...LJMU Science Taster Day

On Wednesday 17 April, nine Year 12 students took part in taster day at Liverpool John Moores University. This was specifically designed to introduce the students to the Degree course in Pharmaceutical and Cosmetic Science. The students met with some of the course leaders and took part in some interesting laboratory work, including creating a formulation for a skin ointment by mixing solid chemical and heating with a hot plate to make a homogenous mixture. They also mixed a solid formulation which they compressed into a tablet using a machine, before carrying out some quality assurance testing for mass, strength and solubility of the tablet produced. This was a great opportunity for the students and they enjoyed using university level equipment that is not available in school.

## ...Linguists Engage with Oxbridge

Good luck to Coco (Y12) who has entered the Spanish 'Flash Fiction' 100 word story competition through the faculty of Medieval and Modern Languages at Oxford University, taking inspiration for her poetic Spanish story from our very own cherry blossom trees. Well done also to Meradith (Y11) who was selected to take part in a languages online programme with Cambridge University and is busy enjoying the taster language sessions.

## On the Horizon...

- ★ Y9 DoE Bronze Practice Expedition – 4-5 May
- ★ NODA Regional Finals – 4 May
- ★ BANK HOLIDAY – 6 May
- ★ Camps Intl Borneo Meeting – 7 May
- ★ Y9 Amy Winehouse Assembly – 9 May
- ★