



FORMBY HIGH SCHOOL

Determined to Achieve

MMG

28 March 24

Dear Parents

Catering Services at Formby High School

We would like to share some important updates about our school catering services this term.

Price Adjustments

Rising food prices have put additional pressure on us all during the cost of living crisis and, as a school, we have worked hard with our catering providers, CH&Co, to mitigate the impact of these on our students / families as much as we are able to do so. Whilst pricing has remained unchanged during the last 12 months, to maintain the high quality of ingredients, service, and overall dining experience for our students and after careful review and consideration, we will be implementing a modest price adjustment starting from 12 April 2024. Some item prices will see a nominal increase, others will remain unchanged from last year. Importantly, no single item will experience an increase of more than 10%, reflecting our commitment to mitigating the impact of rising food prices amid the cost of living crisis. Full details can be found at the end of this letter and [on our school website here](#).

Meal Deals

Our popular Meal Deals will continue at an affordable £2.50, just as it was last year. This not only represents a saving for you but also demonstrates our dedication to maintaining accessibility during challenging times. Please see the information at the end of this letter for meal deal offers.

New Menus

We are pleased to announce an exciting new menu created by our catering team for the upcoming half term, offering a diverse and delicious selection of meals to cater to various tastes and dietary preferences. This fresh menu ensures students continue to enjoy a well-balanced and satisfying meal at school, with more choices to suit individual preferences. The menus can be found at the end of this letter, [on our school website here](#), and will also be on display around the school dining rooms.

ParentPay Lunch Accounts

We would like to thank you for your support with regular checking of ParentPay accounts to ensure that there are sufficient funds to cover your child's meals. Keeping accounts topped up ensures that we can continue to maintain an efficient flow in the dining rooms and ensure all students are fed promptly. Please address any overdue accounts promptly to avoid any inconvenience for your child at the till point.

Should you have any questions or feedback, please do not hesitate to contact us.

Yours sincerely

Mr M McGoohan
Head of Finance

Headteacher: Mr A Wood BBA (Hons) NPQH

Freshfield Road, Formby, Liverpool L37 3HW

Tel: 01704 873100 ▪ Email: enquiries@formbyhighschool.com ▪ www.formbyhighschool.com ▪ Twitter: @FormbyHigh

Formby High School is a Limited Company registered in England and Wales under Company No. 7724342



Price List (1 March 2024)

Product	Pricing 12 April 24
Hot main	£2.25
Pasta pot cheese and sauce	£2.05
Pasta pot sauce	£1.70
Soup and roll	£1.30
Pizza slice (veg)	£1.20
Pizza slice (meat)	£1.30
Sausage roll	£1.30
Panini (veg)	£1.90
Panini (meat)	£2.05
Toasties	£2.15
Stromboli meat	£2.05
Stromboli veg	£1.90
Wraps	£2.05
Nachos	£1.40
Jacket	£1.00
Salad box	£2.25
Tuna pasta pot	£2.25
Sandwiches two fillings	£1.60
Sandwiches one filling	£1.45
Hummus pot	£2.25
Cheese / tuna pot	£0.75
Small water	£0.65
Large water	£0.75
Flavoured water	£0.85
Radnor cartons	£0.95
Ribena	£1.40
Milkshakes	£0.95
Hot choc	£1.50

Product	Pricing 12 April 24
Piece of Fruit	£0.65
Grape pot	£0.85
Watermelon	£1.10
Fancy cupcakes	£1.45
Cookies	£0.90
Fruit pots	£0.90
Large cakes	£0.95
Crisps	£1.20
Popcorn	£1.10
Choc muffin	£1.45
Large cup cake	£1.60
Toast	£0.55
Crumpets	£0.65
Bagels	£1.10
Bacon barm / sausage barm	£1.40
Pancakes	£0.55
Yoghurt	£0.75
Pan au chocolat	£1.40
Bacon	£0.80
Sausages	£0.80
Cheese toast	£1.10
Hash brown	£0.65
Latte (6th Form)	£1.50
Mocha (6th Form)	£1.50
Tea (6th Form)	£1.30
Cappuccino (6th Form)	£1.50
Coffee (6th Form)	£1.40

Meal Deal

Hot Main and Piece of Fruit or Small Water	£2.50	Saving 40p
Sandwich (1 filling) and Cupcake	£2.50	Saving 40p
Pizza Slice, Cookie and Small Water	£2.50	Saving 30p
Sandwich (2 filling's) and Crisps	£2.50	Saving 30p
Pasta Pot with Cheese & Sauce and Small Water	£2.50	Saving 20p
Panini, Wrap or Stromboli and Small Water	£2.50	Saving 20p



New Menus

WEEK 1
COOKS CORNER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	<p>PASTA BAR Served with a choice of beef bolognese, spicy tomato & basil, pesto with garlic bread & cheese</p>	<p>Cottage pie served with garlic bread and green beans</p>	<p>Mac and cheese with bacon crumb and garlic bread</p>	<p>Mongolian chicken stir fry with rice and green beans</p>	<p>Fish and chips Chicken burger with chip shop-style curry sauce, baked beans, and gravy</p>
VEGGIE MAIN	<p>PASTA BAR Served with a choice of spicy tomato & basil, pesto with garlic bread & cheese</p>	<p>Quorn cottage pie with garlic bread and green beans</p>	<p>Mac & cheese served with garlic bread</p>	<p>Mongolian Quorn and vegetable stir fry with rice</p>	<p>Veggie spring rolls with a choice of sauces</p>
	GRAB & GO	JACKETS & PASTA		DESSERT	
	<p>MONDAY – Hot Wrap of the Day TUESDAY – Pizza Slices WEDNESDAY – Paninis THURSDAY – Sausage & Veggie Rolls FRIDAY – Spring Rolls</p>	<p>JACKETS SERVED DAILY WITH SIDES OF: Beans/Tuna Mayo/Cheese Hot Pasta & Tomato Sauce</p>		<p>A selection of freshly made cakes and biscuits Please see daily menu for hot dessert of the day!</p>	

WEEK 2
COOKS CORNER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	<p>Katsu chicken curry with rice and sweetcorn</p>	<p>Cajun chicken wraps with salad and Mexican rice, cheese, sour cream, and green beans</p>	<p>Sausage and mash potato served with gravy</p>	<p>NOODLE BAR Chicken or beef chow mein with choice of sauces</p>	<p>Fish and chips Chicken burger with chip shop-style curry sauce, baked beans, and gravy</p>
VEGGIE MAIN	<p>Quorn and veg katsu curry with rice and sweetcorn Grab & go pasta with herby tomato sauce</p>	<p>Cajun vegetable wraps with salad and Mexican rice, cheese, sour cream, and green beans</p>	<p>Vegetable sausage and mash potato served with gravy</p>	<p>NOODLE BAR Vegetable chow mein with a choice of sauces</p>	<p>Spiced veggie burger with chips & beans</p>
	GRAB & GO	JACKETS & PASTA		DESSERT	
	<p>MONDAY – Hot Wrap of the Day TUESDAY – Pizza Slices WEDNESDAY – Paninis THURSDAY – Sausage & Veggie Rolls FRIDAY – Spring Rolls</p>	<p>JACKETS SERVED DAILY WITH SIDES OF: Beans Tuna mayo Cheese</p>		<p>A selection of freshly made cakes and biscuits Please see daily menu for hot dessert of the day!</p>	



WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Beef chilli served with half rice, half nachos, topped with cheese and sour cream	Thai chicken curry served with steamed rice, naan bread and sweetcorn	Chicken tikka wraps served with rice and mint yoghurt and carrots	Indonesian noodles with chicken or beef, served with a choice of mie goreng or chilli soya, and sweetcorn	Fish and chips Chicken burger with chip shop-style curry sauce, baked beans, and gravy
VEGGIE MAIN	Veggie chilli served with half rice, half nachos, topped with cheese and sour cream	Quorn Thai vegetable curry served with steamed rice, naan bread and sweetcorn	Cauliflower tikka served with rice and mint yoghurt and carrots	Indonesian noodles with vegetables, served with a choice of mie goreng or chilli soya, and sweetcorn	Veggie spring rolls with a choice of sauces

GRAB & GO

MONDAY – Hot Wrap of the Day
TUESDAY – Pizza Slices
WEDNESDAY – Paninis
THURSDAY – Sausage & Veggie Rolls
FRIDAY – Spring Rolls

JACKETS & PASTA

JACKETS SERVED DAILY WITH SIDES OF: Beans Tuna mayo Cheese
--

DESSERT

A selection of freshly made cakes and biscuits Please see daily menu for hot dessert of the day!
