



FORMBY HIGH SCHOOL

Determined to Achieve

AMA / LFO

31 October 2023

Dear Parent

Re: Personal Development Curriculum

The Personal Development curriculum has been revitalised this year to ensure that it is engaging, beneficial and relevant for our students at Formby High School. All students in Years 7 to 13 have one Personal Development lesson per fortnight. The curriculum extends beyond the academic and enables our students to become healthy, independent and responsible members of society both now and in the future. The age-appropriate curriculum covers the statutory elements of relationships, sex and health education alongside careers and citizenship education. It also encourages the development of vital skills such as teamwork, communication, and resilience.

The Curriculum overview for this half term is as follows:

Year	Topic	Lessons
7	Developing Respect and Tolerance	Exploring Diversity, Bullying, Respect and Tolerance
8	Respectful Relationships	Conflict Resolution, Social Media Activity, Families, Marriage and Divorce
9	Prejudice and Discrimination	Prejudice and Stereotypes, Challenging Discrimination, LGBTQ+ Discrimination
10	Careers Education	Employability Skills, Social Media and Employability, Labour Market Information, Exploring Future Careers
11	Careers Education	Post-16 Pathways, Application Forms, Interview Techniques, Career Action Planning
12	Relationships and Sex Education	Consent, Sexual Health, Pregnancy
13	Post-18 Options	Post-18 Pathways, Student Finance, Personal Statements, CVs

Attendance at Personal Development lessons is compulsory as part of our Sixth Form curriculum offer and I would greatly appreciate your support in ensuring all students engage with our programme.

If you would like to view any of the lessons listed above, or if you have any questions regarding the Personal Development curriculum, then please contact me at a.macdunne@formbyhighschool.com.

Yours sincerely

Mrs MacDunne
Curriculum Leader Personal Development

Headteacher: Mr A Wood BBA (Hons) NPQH

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