

FORMBY HIGH SCHOOL

Determined to Achieve



EXTRA-CURRICULAR

DIRECTORY Spring 2023

Get involved!

Edition 1



BREAKFAST ACTIVITIES

Monday	A Level Drama	Drama staff	Studio & S2
	Dance Y11 GCSE choreography	Dance staff	A2
Tuesday	A Level Drama	Drama staff	Studio & S2
	Dance Y11 GCSE choreography	Dance staff	A2
Wednesday	A Level Drama	Drama staff	Studio & S2
	Composition Clinic	Music staff	A1
	Dance Y11 GCSE theory	CWH	A2
Thursday	Dance Y11 GCSE choreography	Dance staff	A2
	Level 3 Algebra	SOW	C4
Thursday	Music Theory Breakfast	Music staff	A1
Friday	Dance Y11 GCSE choreography	Dance staff	A2
	GCSE Astronomy	AWI	L7

LUNCHTIME ACTIVITIES

Monday	Debate Club	PHU	P11
	KS3 Art Club	CCL	P1
	KS3 Fitness 7FOR	GOS	Fitness Suite
	Basketball	EBR	Sports Hall
	Polyglots Club	TLO	C18
	Year 7 Dance Club	CWH	A2
	GCSE Drama rehearsals	Drama staff	Studio & S2
Tuesday	GCSE PE practical / invitational	CPE/FME/GOS	Sports Hall
	KS3 Fitness 7MBYH	FME	Fitness Suite
	KS3 Futsal	JCO	Sports Hall
	Orchestra	CWI	A1
	Science Club (Year 7)	JAT	L2
	Sign Language (Year 9+)	JHI	A13
	Mundo Afrika	SCO	S3
	Year 11 Library Lunch	LAM	Library
	GCSE Drama rehearsals	Drama staff	Studio & S2
Wednesday	Creative Writing Club	CGL/RMA	O1

	Year 7 Spelling Bee (some lunchtimes Jan/Feb)	FWA/LAM	Library
	Badminton / Volleyball	CPE	Sports Hall
	Mundo Afrika	SCO	S3
	Pride Club	SHR	L5
	Year 10 Library Lunch	LAM	Library
	GCSE Drama rehearsals	Drama staff	Studio & S2
	Year 9 Dance Club	KBE	A2
Thursday	Bronze Arts Award	VHA/BDI	A1
	DT club	DWA/ACH	P7
	GCSE Drama rehearsals	Drama staff	Studio & S2
	KS5 Book Club	LOL	A5
	Mathletes Intermediate	EMC	C9
	Mathletes Junior	LMA	C2
	Year 8 Dance Club	CWH	A2
	Year 9 Drama Club	Drama staff	Studio & S2
	Year 9 Library Lunch	LAM	Library
Friday	GCSE Drama rehearsals	Drama staff	Studio & S2
	Music Appreciation	CWI/GHE	A1
	Year 8 Library Lunch	LAM	Library

AFTER SCHOOL ACTIVITIES

Monday	All years Library open	LAM	Library
	Body Confidence sessions (Paid activity)	Nicola	Gym
	Dance Y11 GCSE choreography	Dance staff	A2
	French Club	SGI	A4
	KS4/5 Art Drop-In	CCL	P1
	Level 3 Algebra	SOW	C4
	Netball practice/matches	FME/CPE	MUGA/Sports Hall
	Songwriting Club	GHE	A1
	GCSE Drama rehearsals	Drama staff	Studio & S2
	Year 7/8 Football	JHU/EBR	School Fields
Tuesday	All years Library open	LAM	Library
	HPQ (Higher Project Qualification) drop-in	CBR	P10

	KS4/5 Art Drop-In	RCO	P2
	Modern Languages homework help	CGI	CLR
	Skateboarding (Paid activity)	Rampworx	MUGA
	Voiceworks	BDI	School Hall
	Volleyball	GOS	Sports Hall
	Y9/10 Football/Futsal	JCO/EBR	School Fields
	Y9/10 Table Tennis (Paid activity)	Dave Graham	Gym
	Year 10-13 Dance Club	GG	A2
	Year 12 A Level Maths revision and practice	MBE	C4
	Year 13 A Level Maths revision and practice	RWI	C5
	GCSE Drama rehearsals	Drama staff	Studio & S2
Wednesday	Basketball (Paid activity)	David Sullivan	Sports Hall
	Brazilian Portuguese Club	LWH	C7
	Code Club	PMU	P4
	Cross Country Club	KHA	School Fields
	Football Extra (Paid activity)	Dave	School Fields
	Humanities Club	AGA	C14
	KS3 Rugby	LRO / Sports Leaders	School Fields
	KS3 Trampoline (Paid activity)	SYLS Sports	Gym
	KS4/5 Art Drop-In	RCO	P2
	Musical Theatre Company	VHA/BDI	Drama Studio/S3/S2
	National Online Book Club Years 9-13	LAM/FWA	Library
	University Mathematics Entrance Exam preparation	LMA	C2
	Year 11 Maths Genie club - Foundation tier	RWI	C5
	Year 11 Maths Genie club - Higher tier	MBE	TBA
Thursday	Boxing (Paid activity)	Sid Siadankay	Gym
	GCSE Dance choreography	Student led	A2
	Tennis (Paid Activity)	Danny McShane	MUGA
	Year 7 & 8 Quiz Night	LAM	Library
Friday	All years Library open	LAM	Library
	GCSE Drama rehearsals	Drama staff	Studio & S2
	GCSE Dance choreography	Student led	School Hall
	KS5 Art extra	Art staff	Studio & S2

SPORT ACADEMY

Sport Academy is the PE and physical activity after school programme providing the very best in extra-curricular sport education.

Not only do we offer a wide range of recreational after-school clubs led by PE staff, but we also offer sessions, led by professional and experienced sports coaches.

- The sessions led by the external coaches will cost £27 for a 9-week programme (except skateboarding/scootering – see**).
- Each session will be after school and last 1 hour immediately at the end of the school day. Enrolment will be termly (autumn/spring/summer) via ParentPay. *(Please note, in the absence of a coach due to sickness, the session will roll over and be added on at the end of the 9-week programme.)*
- *** The skateboarding/scootering will be £90 for a 9-week programme (this can be paid as two lots of £45 on ParentPay) and will include the use of all of the equipment as well additional set up before/after session.*

Recreational clubs led by PE staff will be 40 minutes after school. Sometimes, these clubs may be cancelled if a facility is required for a fixture, or due to poor weather. If this is the case, a Parent Mail / Class Charts will be sent out. For your child to take part in the PE staff clubs, please tick the 'consent' button on ClassCharts when the teacher sends out details of the club. These sessions are included in the main timetable listings in the brochure. We will also run some lunchtime clubs from 12.40pm-1.00pm.

Taking part in sport and physical activity should be an enjoyable experience as well as motivating and challenging. Our teachers and coaches will create a happy and relaxed teaching environment, that inspires the students to practise and enjoy learning new skills. **The Spring Term clubs will run from 16 January – 24 March.**

	SPORTS ACADEMY			
	Time	Activity	Location	Coach
Monday	All years (16 places)	Body Confidence	Gym	Nicola
Tuesday	All years (16 places)	Skateboarding	MUGA	Rampworx
Tuesday	All years (28 places)	Table Tennis	Gym	Dave Graham
Wednesday	All years (28 places)	Basketball	Sports Hall	David Sullivan
Wednesday	All years (28 places)	Football Extra	Dave (ex EFC coach)	School Fields
Wednesday	All years (20 places)	KS3 Trampolining	Gym	SYLS Sports
Thursday	All years (28 places)	Boxing	Gym	Sid Siadankey
Thursday	All years (28 places)	Tennis	MUGA	Danny McShane

