

Oak National Academy Work for Self-Isolating Students – Year 8

Dates: Week beginning 20.09.21 and week beginnings 27.09.21	
English	Mathematics
<p>Epic Poetry (4 lessons):</p> <ol style="list-style-type: none"> 1. Introduction to Epic Poetry 2. Plot and Character 3. Beowulf 4. Beowulf's Arrival 	<p>Angles (4 lessons):</p> <ol style="list-style-type: none"> 1. Describing and comparing angles 2. Measuring and drawing angles 3. Partitioning angles 4. Finding unknown angles
Science	Art
<p>If you are studying Ecosystems....</p> <p>Respiration (5 lessons):</p> <ol style="list-style-type: none"> 1. The Respiratory System 2. Aerobic Respiration 3. Breathing 4. The Effects of Exercise on Respiration 5. Anaerobic Respiration <p>If you are studying Waves....</p> <p>Light (6 lessons):</p> <ol style="list-style-type: none"> 1. Light Waves 2. Reflection 3. Refraction 4. Vision 5. Correcting Vision 6. Colour 	<p>Pop Art: Modern Pop Culture (2 lessons):</p> <ol style="list-style-type: none"> 1. Julian Opie Portraits (Part 1) 2. Julian Opie Portraits (Part 2)
Computer Science	Design Technology
<p>Computing Systems (2 lessons):</p> <ol style="list-style-type: none"> 1. Get in gear 2. Under the hood 	<p>Architecture</p> <ol style="list-style-type: none"> 1. Lesson 1 – Research an Architect 2. Lesson 2 – What type of buildings are there? <p>Teamwork Task</p> <ol style="list-style-type: none"> 1. Phone Stand
Drama	Geography
<p>Posture, gesture and voice in performance (3 lessons):</p> <ol style="list-style-type: none"> 1. Use of posture, stance and space in performance 2. Use of pace, pause and tone in performance 	<p>Click here to access the Geography resources that you should work through whilst you are absent.</p>

3. Use of gesture and mannerisms in performance	
History	Music
Click here to access the History resources that you should work through whilst you are absent. You should pick up from where you finished in your last lesson.	<p>West African Music (4 lessons):</p> <ol style="list-style-type: none"> 1. What role does rhythm play in West African Music? 2. How are signals used to define structure? 3. Improvising creative rhythms 4. How can drums be used for communication? 5. What are the roles of different percussion instruments? 6. What pitches do some West African melodies use and why? <p>PLAYLIST songs to listen and watch Siyahamba, Babethandaza, Kwa Bonigala, Fiela, O Re Mi, Bellamama</p>
PE	RAVE
<p>Health related exercise activity: components of fitness (6 lessons):</p> <ol style="list-style-type: none"> 1. How can we train muscular endurance? 2. How can we train power? 3. How can we train agility? 4. How can we train balance? 5. How can we train speed? 6. How can we train cardiorespiratory fitness? 	<p>Click on your class link below for your work assignment this week</p> <ul style="list-style-type: none"> • 8F • 8O • 8R • 8M • 8B • 8Y • 8H
Spanish	
<p>Complete the tasks on the Padlet below: https://padlet.com/FormbyHighML/RemoteLearning</p>	