

REMOTE CLASSROOM



DETERMINED TO MAINTAIN ACCESS TO HIGH QUALITY LESSONS

PE work for students NOT attending school

Monday 2 November – Friday 13 November

SUBJECT	PE
Year Group	7
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	Choose either: Netball- please try some of these 'Bee netball at home' activities- https://www.englandnetball.co.uk/bee-at-home/beehome-videos/ Football- please try some of these football at home drills/challenges- https://www.bbc.co.uk/cbbc/watch/kickabout-home-skills-football-to-do-in-home-and-garden

SUBJECT	PE
Year Group	8
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	Netball- please try some of these 'England netball at home' activities- https://www.youtube.com/playlist?list=PLZ7tt5cW7wxRkKVIUmmAo5mSL6G6Witkn Football- please try some of these football at home drills/challenges- https://www.bbc.co.uk/cbbc/watch/kickabout-home-skills-football-to-do-in-home-and-garden

SUBJECT	PE
Year Group	9 Sports Leaders
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	JHU – students to complete and review unit 1. Tasks 1.1, 1.2 and 1.3 should be completed. Students to upload work onto google docs format LER on S drive and upload to google classroom. Help and guidance found on class charts.

SUBJECT	PE
Year Group	9
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	Netball- please try some of these 'England netball at home' activities- https://www.youtube.com/playlist?list=PLZ7tt5cW7wxRKkVIUmmAo5mSL6G6Witkn Football- please try some of these football at home drills/challenges- https://www.bbc.co.uk/cbbc/watch/kickabout-home-skills-football-to-do-in-home-and-garden

SUBJECT	PE
Year Group	KS4 HFW PE (Y10 and Y11)
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	Netball- please try some of these 'England netball at home' activities- https://www.youtube.com/playlist?list=PLZ7tt5cW7wxRKkVIUmmAo5mSL6G6Witkn Football- please try some of these football at home drills/challenges- https://www.bbc.co.uk/cbbc/watch/kickabout-home-skills-football-to-do-in-home-and-garden

SUBJECT	GCSE PE
Year Group	10
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	Y10- Muscular system – Complete checkpoint 2 on theeverlearner.com. If you have not done so already, click the topic 'muscular system' and ensure the 3 lessons are completed - Please watch the video then use the 'test yourself' feature and complete 20 questions for each lesson. Then take the checkpoint once all lessons are completed.

SUBJECT	GCSE PE
Year Group	11
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	On theeverlearner.com, complete the 'test yourself' function for all of the 'skeletal system' videos and the 'muscular system' videos. Re-watch any lessons that you feel you don't remember or understand. Also, complete Checkpoints 1 and 2.

SUBJECT	A level PE
Year Group	12
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	Component 1- Component 2- On theeverlearner.com, watch video on 'Stages of Learning' and 'Guidance'. Make notes and then complete the 'test yourself' function on each one. Component 3- On theeverlearner.com, make notes on the video called 'Sport in 20 th Century Britain.' Then, complete the 'test yourself' function.

	Component 4- S:\Physical Education\A level PE\Component 4\EAPI. Open the 'EAPI strengths and weaknesses booklet.' Using the video clip you have chosen, watch it and pick out the weaknesses in the performance in three areas- skills, tactics, fitness. Then, complete slide 8.
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SUBJECT	A level PE
Year Group	13
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	<p>Component 1-</p> <p>Component 2- On the ever learner, make notes on 'definition and causes of stress' and then complete the 'test yourself' function.</p> <p>Component 3- On the ever learner, make notes on 'routes to sporting excellence'- lessons three and four. Then, attempt the 'test yourself' function of each lesson.</p> <p>Component 4- Watch to see example of what the spoken version of the EAPI will look like. https://www.youtube.com/watch?v=EYTUT17FZrQ https://www.youtube.com/watch?v=zsgSCnn4Xwo</p>

SUBJECT	BTEC Sport
Year Group	12
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	<p>Unit 1- Students to complete work on section B of the course- the muscular system. Students to look at the types of muscle, labelling the muscles, and knowing the location and function of each muscle. Students to work on the ever learner to help assist their knowledge.</p> <p>Unit 3- Students are to continue with 'A1' giving descriptions in the following : careers in sports, sports infrastructure, geographical and socioeconomic factors. Once complete, students will move onto 'A2' responding to feedback to improve their careers in sports (x2). Checklist and guidance on class charts as well as the S drive.</p>

SUBJECT	BTEC Sport
Year Group	13
Fortnight beginning	2 nd November- 13 th November
Remote Classroom work	<p>Unit 2- Students to complete their work-booklet on the training methods for question 4. All relevant PP can be located on the S-DRIVE-PE-BTEC SPORT-2016-MISS TOPPING-UNIT 2</p> <p>Unit 5- students will continue responding to feedback on 'B1' (principles of fitness testing) with use of the checklist on class charts & T drive. Once 'B1' is complete, they will move onto 'B2' (fitness testing for components of fitness) ensuring two tests are stated for each component. Guidance on S Drive & class charts.</p>